

## HSWG37: Staying Safe with DSE – An Overview

Millions of people in the UK now use display screen equipment for a significant part of their work, and this rapid growth in the use of both fixed and mobile forms of DSE has been accompanied by increasing concerns about an associated range of health and safety problems.

The good news, however, is that most conditions can be prevented by careful consideration of the way in which jobs are organised, and by the provision of appropriate equipment and workplaces. This course aims to enable learners to understand, in overview, the risks associated with DSE and the approaches to controlling them.

The course is the first in a suite of four that deal with DSE in all its forms and how to avoid the negative effects on health that arise from improper use. This course looks at a number of issues that are common to all forms of DSE; subsequent courses will consider fixed DSE, fixed workstations, and mobile DSE.

### Course Content

- A definition of the term 'Display Screen Equipment'
- The nature and symptoms of the following conditions as they relate to DSE use:
  - Upper Limb Disorders
  - Visual disorders
  - Stress and fatigue
- Employers' obligations in respect of DSE and workstation safety legislation
- How risks associated with DSE use are controlled

### Course Duration

- 20 minutes

### Available in:

- Audio with subtitles

### Delivered via:


- Internet

**If you require any further information please contact NYES:**

T: 01609 533222

E: [nyes@northyorks.gov.uk](mailto:nyes@northyorks.gov.uk)

[www.nyeducationsservices.co.uk](http://www.nyeducationsservices.co.uk)

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