

## **HSWG38: Staying Safe with DSE – Fixed DSE**

This course deals with DSE that is used in association with a permanently sited workstation and is not designed to be carried or moved from place to place – in other words the type of DSE that is found in most office workplaces.

Millions of people in the UK use this type of display screen equipment for a significant part of their work, and one of the results of this widespread use is an increasing concern about the associated range of health and safety problems.

This course, therefore, aims to enable the learner to work safely when using fixed display screens, keyboards and pointing devices.

This course forms part of a suite of four courses, the first being a general overview of working safely with DSE, the second being this course, and the other two dealing with fixed workstations and mobile DSE.

### **Course Content**

- The legal requirements for safe use of display screens
- How to position a display screen for safe working
- How health problems can arise from incorrect use of a keyboard or mouse
- How to use a keyboard and computer mouse safely

### **Course Duration**

- 20 minutes

### **Available in:**

- Audio with subtitles

### **Delivered via:**


- Internet

**If you require any further information please contact NYES:**

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